Health and Beauty

Scarlet Fever

Most infectious diseases begin with fever, headache, a running nose and sore throat. When your child shows such symptoms, keep him at home away from other children. He may have scarlet fever.

If so, the doctor notices that the skin is quite flushed and dry. On inspection he finds the throat and tonsils are red and swollen. Even the tongue is red and rough. A characteristic rash begins to appear on the neck and chest. The next day the surface of the body becomes scarlet and covered with rash.

The worst thing that you have to fear about scarlet fever is the complications that might arise. Helen Keller is a victim of scarlet fever. It left her blind, deaf and speechless.

The period of incubation in scarlet fever varies from a day to a week. It may appear suddenly and be ushered in by convulsions or vomiting. The fever may run to 104 to 105 degrees.

The kidneys may become inflamed and there may be involvement of the heart, the middle ear, the joints, or any part of the body. Pneumonia might be a late complication.

Every effort should be made to protect children against this disease if it is in the community: the patients should be strictly quarantined. A mild case requires little treatment besides rest, baths, and a light, nourishing diet.

But scarlet fever is increasing due to negligence. Parents send children to school who are sneezing, sniffing and coughing. This infectious material is apt to be sprayed over other children, who may succomb to the infection which may turn out to be more serious than a cold.

Soiled hands can carry contagion. So can pencils, door knobs, erasers, books and what not.

Teach your children to wash their hands before eating and to keep their fingers out of their noses and mouths.

The rash begins to peel in two or three days. It was formerly thought that the desquamating, or peeling scales contained the germs of the diseases. This theory has been given up, and it is believed that the discharge from the nose and throat is the chief means of conveying the contagion to others.

All of those who have had scarlet fever should be isolated for at least a month. It is too serious a disease to expose others and run the risk of their catching it.

It has ruined the careers of many children, who were the victims of others' carelessness.

SAW BLADES AND WINE

Lawton, Okla.- Prisoners in the Comanche county jail used the hacksaw blades smuggled in to them—not to escape from jail — but to saw on opening into an adjacent vault in which liquor was stored. They helped themselves to a dozen bottles of wine and started a celebration.

Salesman for Baer and Walters Memorial Works, Lynchburg, Va. If You need anything in this line will appreciate hearing from you.
J. O. ROBERTSON
Spout Spring, Va.
Phone: Appomattox 4470

Darkleaf

(Continued from Page One)

was said: "It ain't worth a continental." It was said that Samuel Adams had to pay $2,000 for a suit and hat. But so, too, the Confederate money. The following verse illustrates the point:

"Representing nothing on God's earth now,
And naught in the water below it,
As a pledge of a nation that's dead and gone,
Keep it, my friend, and show it."

We could go on, and compare the deeds of John Paul Jones in the Revolution with those of Raphael Semmes in the 1860's. And of John Laurens with those of Mason and Slidell. And even, after the wars, when Washington impressed upon his people the importance of education and industry, and Lee gave his remaining years to the school at Lexington. And, by way of conclusion, we might say that, in fond retrospection, the victors in the Revolution now look upon the British as friends, and despite all talk to the contrary, we trust that, thanks to the spirit of Lee and Grant at Appomattox, we can still hope for a full reconciliation of the adversaries of the War Between the States.

NEW MAGNETIC DOOR CLOSES AUTOMATICALLY

Revolving Shelves put all food at your fingertips

Model LM-11N

BARGAIN-PRICED 11-CU.-FT. COMBINATION

Magnetic Doors . . . foot pedal opening, self closing, quiet, more efficient seal

Revolving Shelves . . . completely reversible, fully adjustable, strong, more shelf space

Newest convenience features . . . actually two appliances in one! Here's a real buy on a new General Electric with an automatic defrosting refrigerator section and a big 70-pound zero-degree freezer . . . really priced right. Magnetic Door, Revolving Shelves, and all the other G-E deluxe features. Buy a new G-E today at budget prices and own the finest!

329.95

AND YOUR OLD REFRIGERATOR

See this new G.E. today for the best buy in town! Easy terms!

AUTHORIZED DEALER GENERAL ELECTRIC APPLIANCES

Appomattox Hardware Co., Inc.
PHONE 3131

CLASSIFIED ADS

Deadline for copy for the Classified Page, is 12:00 noon on each Wednesday. Please have your copy in by that time.
(3-15-tf)

CARD OF THANKS:
I wish to express my appreciation to all of my friends and relatives for the kindness shown me while in hospital and since my return home. Also for flowers, fruit, cards and visits.
Mary Adcock.
(1tp)

CARD OF THANKS
I wish to express my appreciation to my friends and neighbors, who were so kind to me while I was sick. Also for fruits, flowers, cards and visits.
Mrs. J. A. Smith.
(1tp)

Lost & Found

LOST DOG: Tan and black terrier, wore collar, had slight limp. Reward.
Mrs. J. W. Smith,
Rt. 2, Appomattox.
(1tp)

Special Notices

NOTICE
For one week we will allow you 25% for your old watch on a trade on a new Bulova. Take advantage of this special offer for your savings.
WANTED
Your watch repair work. Fast, guaranteed service. Reasonable prices. We give S&H Green Stamps.
WILKES' JEWELERS
(1tc) Appomattox, Va.

Notice: I am asking all the stockholders to meet me here March 17, at 2 o'clock, at the A. I. A.
Singed by: Edgar Chilton and James Pannel.
(1tp)

ABERDEEN ANGUS BULLS
One of our registered Angus bulls will add many dollars to the value of your next calf crop. Priced from $350.00. A really good bull always pays big dividends.
We invite you to come to Kinloch and see what we have to offer. Call or write Lee D. Butler, Kinloch Farm, Supply, Virginia (26 miles south of Fredericksburg on Rt. 17)
(3-15-3tc)

NOTICE to Avon Customers:
I have moved into the home of the late Mrs. Mollie Moore. Phone 4193.
Louise Blackard.
(4tc)

NOTICE: The lands of the late Mrs. Adelia C. Ferguson are posted. Any persons entering same, cutting timber, destroying property, or illegally trespassing, will be prosecuted to the fullest extent of the law.
Samuel L. Ferguson, Co-Executor
(3-15-2tc)

WANTED: Electrical work of any kind by a licensed electrician. 12 years experience. Call me at my home, 2074. —Frank W. Rogers.
(1tp)

SQUARE DANCE
Appomattox High School
Friday, March 16, 1956
8 to 12 P. M.
Admission: 50c Stag or Drag.
Sponsored by Young Farmer Club
(1tc)

NOTICE: The Ruritan Club of Pamplin is sponsoring a Minstrel Friday and Saturday, March 23 and 24, at the school auditorium, at 8 P. M. Admission: Adults 50s, and Children, 25c.
(3-15-2tc)

EXTRA, EXTRA!
Senior Class Play
"ME AND MY SHADOW"
March 29, High School Auditorium 8 o'clock - Admission .35 and .60c.
Come one, Come all.
(1tc)

NOTICE: Anyone wanting Baby Sitter, call: Phone No. 3262, Appomattox.
(3-8-2tp)

VERA ENTERTAINMENT
The Vera P.-T. A. is sponsoring a "Womanless Wedding" and "Old Maid's Convention" at the Vera School Friday, March 23, at 7:30 o'clock.
Admission: Adults 50s; Children 25c.
(3-8-3tc)

NOTICE: Anyone wanting chairs bottomed, good oak bottoms, see
Henry Harris,
Spout Spring, Va., or call 4475.
(3-15-2tp)

Help Wanted — Male

MAN WANTED—A proven built-up business available. Established customers. Earnings up to and over $100 per week possible from the start. Should be over 25 years of age. Need man with car in good condition. Company furnishes everything but car. Field help provided. Write The J. R. Watkins Company, P. O. Box No. 5071, Richmond, Virginia.
3-8-3tc

For Sale

FOR SALE: We have a few Kasco Fed Fryers.
Appomattox Farmers Supply Co.
(1tc)

FOR SALE: 26" girls bicycle. A-1 condition. Phone 2144, or see
D. J. Franklin.
(1tp)

FOR SALE: '49 Ford 2-door sedan. Selling to settle estate. If interested call 2841, or see
Joe Terry
(1tp)

FOR SALE: One used Refrigerator, still in Warranty; good as new. See or call:
Herbert Richardson,
(1tc) Phone 3131.

FOR SALE: Good used Washing Machines, cheap. See or call
Herbert Richardson,
(1tc) Phone 3131.

For Sale: 1 child's table with four chairs; children's clothing sizes 4-14. See Lawrence Moore,
or call 4755.
(3-8-2tp)

TRAILS END BABY CHICKS—$12.95 per hundred. Guaranteed to live six weeks.
Coleman's Feed & Seed Store
Appomattox, Va. tf

FOR SALE: Six room house and lot on Church Street. Oil floor furnace and practically new electric hot water heater. Immediate possession. Priced: $6,500. Terms.
C. F. P. Crawley.
(1-12-tfc)

FOR SALE: Laundry Heater and 30 gallon water tank. Nice drain board sink.
W. C. Carter,
(3-1-3tp) Gladstone, Va.

FOR SALE: Modern brick home, with oil heat. Call 4755, or see
Lawrence Moore.
(2-23-4tp)

BARGAINS: One hand reel mower in working condition, $4.50. One Roto Power Mower, $12.50. One set twin blast elec. Horns L. 18 and 21 in., $4.50.
John T. Farrar,
(3-1512tp) Evergreen, Va.

FOR SALE: Recleaned Lespedeza Seed. Also yellow corn. $6.50 per barrel.
F. M. Irving,
(3-15-3tp) Pamplin, Va.

CHERRIES - Ornamental as well as fruitful. Two early-bearing Red Pie Cherries - one each Early Richmond and Large Montmorency - total two 3 to 4 ft. Size Trees,'$4.45, Postpaid. Ask for Free Goup New 56-page Planting Guide Catalog in color, offered by Virginia's Largest Growers of Fruit Trees, Nut Trees, Berry Plants, Grape Vines, and Ornamental Plant Material. Salespeople wanted.
WAYNESBORO NURSERIES
WAYNESBORO, VIRGINIA
(1tc)

Wanted To Buy

NOTICE: Will pay $3.00 a piece for tires suitable for recapping.
Webb's Esso &
Recapping Service,
(11-3-tfc) Appomattox, Va.

WE ARE NOW PAYING $1.00 TO $1.30 PER HUNDRED POUNDS FOR MISCELLANEOUS SCRAP IRON. LIGHT IRON, CUT APART, FREE OF RUBBER, WOOD, WHOLE BODIES, GLASS, DOOR HANDLES, HEAD LIGHTS, TAIL LIGHTS, INSTRUMENT BOARDS, COPPER GAS LINES, AND GALVANIZED IRON, 70c PER HUNDRED POUNDS. HIGHEST PRICES PAID FOR RAGS AND OTHER METALS.
LYNCHBURG IRON & METAL CO.,
PARK AVE. & KEMPER ST.
LYNCHBURG, VA.
(3-1-tfc)

For Rent

FOR RENT: 3-room house near Wootton's Mill. Water, lights and good garden.
See: Mrs. L. E. Smith.
(1tc)

FOR RENT: One six room dwelling house, 1-2 mile from Evergreen. Wired for electric stove. See—
W. C. Garrett,
(1tp) Evergreen, Va.

FOR RENT: 2½ acres of dark-fired tobacco near Oakville. Contact: Harry B. DePew, Route 4, Appomattox, Va.
(3-8-2tp)

OFFICES FOR RENT: Several available for immediate occupancy. Year-round Air Conditioning, light and toilet facilities. See: The Bank of Appomattox.
(5-21-tfc)

FOR RENT: A three room apartment, with modern conveniences.
See— T. W. Wooding,
(1tc) Appomattox, Va.

Business Services

WE PUT WATER ANYWHERE

WELLS DRILLED
PUMPS INSTALLED
(25 years experience)

New Wells Drilled and Cased for $4.50 per foot.

ALL WORK GUARANTEED

MOORE WELL DRILLING CO.
Dial EDgewood 2-4821

Box 97 — Rustburg, Va.
(9-29-tfc)

WELLS are going dry everywhere. We are drilling a lot of dug wells deeper. Call us for free estimate. Drilled Wells and Pumps of all kinds. Largest Well Drillers in Central Virginia. Post Office Box 937.
Falwell Well Corporation
Lynchburg, Virginia
Phone 3-2739
(2-23-tfc)

SEPTIC TANKS CLEANED
Five years Experience. Reasonable rate. Satisfaction guaranteed.
BILLY CARRICO
Evergreen, Va.
Phone: Appomattox 4777.
(6-5-tfc)

WANTED
Your Bank Account
The Bank of Appomattox
Appomattox, Va.
Member F. D. I. C.

Legals

SHERIFF'S SALE
By virtue of an execution, fieri facias, or other Court order, I will offer for sale to the highest bidder at the residence of Eddie Reed, Jr., Colored, on Route 630, three miles South of Evergreen, Virginia, one 1950 Ford Custom Sedan, Motor No. BONR-119244, on Monday, March 26, 1956, at 3:00 P. M. Where is as is sale and for cash.
David T. Robertson, Sheriff
Appomattox County, Virginia
(3-15-2tc)

FOR SALE: '51 Model House Trailer; 3 rooms completely furnished. See at Mrs. Pearl Rand's, on Riney Ridge Road, Pamplin, Va. $1,250.00.
(1tp)

EXECUTORS' NOTICE
This is to serve notice that we, the undersigned, have qualified as Co-Executor and Co-Executrices of the estate of the late Mrs. Adelia C. Ferguson. Anyone having claims against said estate, kindly present same promptly to the undersigned, who are the only authorized representatives of the estate. All persons who owe the estate any funds should see the undersigned at once regarding their indebtedness.
Samuel L. Ferguson, Executor
Russell May Wagers, Co-Executrix
Rachel F. Lawson, Co-Executrix
(3-15-2tc)

EXECUTOR'S NOTICE
This is to serve notice that I have qualified as a Co-Executor of the estate of the late Dr. D. A. Christian, Jr. Anyone having claims against this estate kindly present statement of same within thirty (30) days addressed to the undersigned at Post Office Box 85, Appomattox, Virginia. To those indebted to this estate, take notice that all accounts are due and payable to the undersigned at Post Office Box 85, Appomattox, Virginia.
Harold E. Thompson, Jr.,
Co-Executor, Estate of Dr. D. A. Christian, Jr.
(3-8-3tc)

Baby Chicks
Virginia, U. S. Approved Pullorum Clean Production Reds, Leghorns and Others.

Acme Dog Food $8.00 per cwt

SEE US FOR YOUR
KASCO FEEDS
CUSTOM GRINDING AND MIXING
SEED CLEANING

KASCO

Appomattox Farmers Supply Co.
Your Drive-In Feed Store

Legals

VIRGINIA: In the Circuit Court of Appomattox County, March 5, 1956
Mamie Lee Hogg
vs
Lawson J. Williams & Others

TO —Mamie Lee Hogg, Williams, Lawrence E. Russell A. Williams, Marvin Gillespie, Ba James Edward Tolley, Mae Bryant, Julia Hay Tolley, Kate Mae Wil Bowen, Bertha C. Fra Tolley, Florence Hogh more Tolley, George T Tolley, Benny Archer Adcock, Mary Biggs, Ha Ethelene Puckett and Puckett, Plaintiff and the above styled suit.

You and each of you notified that I have Thursday the 29th day 1956, at 10:00 a. m., the and the Court room of tox Court House, Vi place for taking the accounts ordered by cuit Court of Appomatto cree of March 3rd, 195 above styled suit, pende Court as follows:

1. Of what land did Jennings die seized and that remains undisposed heirs; where is the sa and what is a proper thereof?

2. Did William P. Jen testate or Intestate; and who are his heirs at law is their respective interest land belonging to the Jennings Estate?

3. Are there any liens land?

4. Who has paid the said land and is the per sons who has paid the ta land entitled to reimbur specifically is Mamie Le titled to reimbursement expenditures in redeeming From Charlie Gunter who chased said land at a deli sale?

5. What is the fee sim of said land?

6. Can said land be divided in kind between titled thereto and if so of said land be allotted more of the persons enti to and the balance of sa sold and the proceeds di vided between those enti to?

7. If a part of said la be conveniently divided ed to some of the owne will either party in interest whole of said land and pa ers for their respective therein?

8. Are all of the parties terest properly before th

9. What if any, is a pro be allowed to W. E. Ha stituting and conducting and should the interest ties who have not answe ed or demurred to the bi plaint be chargeable with proper fee for W. E. Ha stituting and conducting

10. Which inquiries the missioner will make and the Court together with matters that he may be requested by any party to to report or which to him pertinent and proper that report; but before making quiries the said commissi give notice to the attorn cord for those parties who presented by Counsel and cation once a week for tw in the Times-Virginian, a paper published in the Co Appomattox, Virginia, of and place of making said

Given under my hand the year above written.
C. W. Smith,
Commissioner in C
(3-8-2tc)

Evergreen

Evergreen, March 13.- Quite a few here attended the annual Sunday school meeting at the Spring Baptist Church on Monday

Frank Glover, of Washington, visited relatives here last week.

and Mrs. Jay Clapp and family and Mr. and Mrs. Clayton Mar- and family at Gladstone Satur-

Etta Ferguson is spending time with her daughter and law, Mr. and Mrs. Floyd Aus-

Lizzie Robinson and Mrs. Eaton, of Pamplin were dinners Saturday with Mr. and C. J. Paulette.

Otis Allen and daughter, spending this week with her Mr. and Mrs. L. T. Turner, Franklin.

and Mrs. Twyman Phelps and spent Sunday with Mr. and L. Harvey.

and Mrs. David Garrette, of ington, D. C., visited her par- Mr. and Mrs. W. E. Warriner the week-end.

Evie Banty, of Roanoke, and Lizzie Steadman, of Lynchburg and Mrs. Howard Ferguson, Mount Royal visited Mr. and Mrs. Franklin recently.

Rev. and Mrs. J. P. Leitner, indsor visited Mr. and Mrs. Z. asham Monday evening.

and Mrs. E. C. Allen, of ington, D. C., were week-end in the home of Mr. and Mrs. Paulette.

Thomas E. Harvey spent Sat- at Richmond.

S. C. I. Harvey and daughters, and Terrell spent Sunday P. M Mrs. W. B. Thomas.

Imports of newsprint from s increase.

Maytag
THE FINEST YOU CAN BUY!
throughout—and easy to ow
beral trade-ins, easy terms
See it now!
Appomattox Hardware Co.
APPOMATTOX, VA.

Pamplin Vicinity

Pamplin Vicinity, March 12.- We are glad to see Mrs. George Abbitt, Mrs. Frank Cumby and Mrs. Kester Jamerson out after being on the sick list awhile.

Miss Flora Belle Williams spent the week-end with Miss Josephine Towler, of Farmville. While there she attended Founders Day exercises at Longwood College Saturday.

Mrs. R. L. Jennings, of Lynchburg visited her daughter and son-in-law, Mr. and Mrs. Raymond Kress this week-end.

Those who visited Mr. and Mrs. S. R. Hubbard this week-end were Mr. and Mrs. Raymond Pettinger, Mr. Walter and Sammy Hubbard, Mr. and Mrs. Newton Hubbard and children, all of Richmond; Mr. and Mrs. Morris Hubbard and family, of Farmville; Mr. and Mrs. W. C. Wooldridge, from Crewe, and Miss Naomi Schentz, of Blackstone.

Miss Frances Mattox spent the week-end in Richmond.

Mrs. Oscar Price has returned home from the hospital.

Mr. and Mrs. Carl Ferguson visited her parents, Mr. and Mrs. T. D. Harris, of Appomattox, this week-end.

Mr. and Mrs. T. E. Caldwell, of Lynchburg spent the week-end with relatives here.

Mr. and Mrs. Charles Ramsey and baby have returned to their home in Lynchburg after spending quite a while here with Dr. and Mrs. C. H. McCall.

Miss Wilsie Thornton has returned home from a trip to New York.

Mrs. W. S. Cumby called to see Mrs. Charlie Rosser Sunday afternoon.

Mr. Lewis Harris, who is stationed in Connecticut visited his aunt, Mrs. Juddy Glover Saturday afternoon.

Mr. and Mrs. Lloyd Inge, of Wilson spent the week-end with relatives here.

Mr. and Mrs. Herbert Greene, of Farmville spent the week-end with her mother, Mrs. Juddy Glover.

Mrs. James Whitehead is a patient in Virginia Baptist Hospital. Let us wish her a speedy recovery.

Mr. and Mrs. Al Kawalsky and family, of Lynchburg visited her mother, Mrs. Eunice Baldwin Sunday.

Egypt and the World Bank recently announced agreements on a $200,000,000 loan to start building Aswan High Dam.

Richwood

Richwood, March 12.- "The more you practice what yon know, the more you will know what to practice." —Quoted.

Randolph Marsh, of Norfolk spent the week-end with Mr. and Mrs. D. A. Pugh and Mr. G. T. Marsh.

Mr. and Mrs. L. M. Ferguson and daughter, Judy, of Lynchburg, and Mrs. G. P. Brannan and daughters, Val and Georgie Belle visited in the home of Mr. and Mrs. T. T. Wooldridge Sunday.

G. P. Brannan and daughter, Val, were in Lynchburg on business Friday.

G. T. Marsh is spending some time in Norfolk with Mr. and Mrs. Randolph Marsh and daughter.

Tom Paulett was in Lynchburg on business Friday.

Randolph Marsh and Mr. G. T. Marsh called to see Mr. Mell Jones Sunday. Mr. Jones continues ill.

Mr. and Mrs. T. T. Wooldridge spent Friday night with Mr. and Mrs. G. P. Brannan and family.

The administrator of the Fair Labor Standards Act said that more than half of the businesses checked last year were violating it.

Carver-Price School News

Hello Readers!

We are back again after finishing another six weeks examination and receiving our report cards on Tuesday. Everyone expects good grades. Just think, there are only two more six weeks exams before our finals.

The Seniors and Juniors left on Thursday for Colonial Williamsburg. We hope they will really enjoy this trip. We'll give you a full report on it next week. Mrs. H. P. James, senior sponsor, and Mrs. O. W. Smith are accompanying the group.

The Women's Faculty Team of Carver will play the Women's Faculty Team from Central High in Charlotte Courthouse on Thursday night, March 15, at 8:00 o'clock. Come out and enjoy an evening of fun.

The Faculty will present their two one-act plays on Friday night, March 23, at 8:00 o'clock.

The English II class presented three original radio scripts in assembly Friday, March 9, after completing a unit on radio scripts. They were entitled, "Not Enough Time," written by Mary Franklin; "Father Knows Best," by Mary Goode, and "X-1," by Laura Fleshman.

The New Homemakers of America are sponsoring a St. Patrick Day Dance Friday, March 16, from 2:00-3:00 P. M.

News is a bit scarce this week. Everyone is very busy getting assignments, as this is one of the heavy study periods during the year.

Until next week, our thought: "The miracle, or the power, that elevates the few is to be found in their industry, application, and perservance under the promptings of a brave, determined spirit."

And now our Cafeteria Menu:

Thursday, March 15: Vegetable soup with beef, cheese and peanut butter sandwiches, cookies, milk.

Friday, March 16: Fried fish, boiled buttered potatoes, green peas, applesauce, bread, butter, milk.

Monday March 19: Barbecued pork, stewed corn, buttered string beans, apricots, bread, butter, milk.

Tuesday, March 20: Macaroni and cheese, turnip greens, baked tomatoes, applesauce, bread, butter, milk.

Wednesday March 21: Meat loaf, mashed potatoes, green peas, fruit jello, bread, butter, milk.

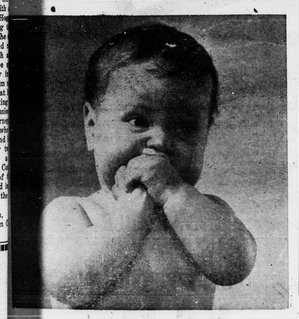
Thursday, March 22: Vegetable soup with beef, cheese and peanut butter sandwiches, [illegible] butter, milk.

Friday, March 23: Broiled fish, spaghetti, coleslaw, stewed apricots, bread, butter, milk.

Textiles remain New England key, report says.

WHY BUY STATE FARM?
Our Semi-Annual Premium Plan makes Auto Insurance payments easy-to-budget, easy-to-meet, costs you nothing extra. For more information, call me today . . .
Phones: Office 2663; Home 2089

John P. Taylor
—AGENT—
Office over Babcock Store
Dial 2663 — Appomattox



"Maybe I should talk it over with my banker. That's what Dad always does."

MOST EVERY PROBLEM HAS A MONEY ANGLE. THAT'S WHERE A BANK'S EXPERIENCE CAN PROVE ESPECIALLY VALUABLE. MAY WE HELP YOU?

THE
Farmers National Bank
APPOMATTOX
VIRGINIA
MEMBER FEDERAL RESERVE SYSTEM

$5,000.00 CASH OFFERED WEEKLY!

Everytime we call you, you can win $100 in spot cash! All you do is name an easy tune we just played, or answer an easy question, and the $100 is yours! It's as simple as that! No boxtops to turn in. No slogans to write! Just name the song, or answer the question, and the $100 is yours!

For details tune in

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CHANNEL 8 on your TV dial
12:30 to 1:30 P.M. & 6 to 7 P.M.
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